

PANS Exacerbation Response Plan

Child's Name: \_\_\_\_\_ Plan for \_\_\_Home \_\_\_School

Date:

<p>What are some <i>challenging behaviors</i> for this child?</p> <p>Are these Behaviors, Symptoms, or a Combination of Both?</p>
<p>What are some possible <i>purposes</i> for challenging behaviors for this child?</p>
<p>What are some possible <i>antecedents</i> for this child?</p>
<p>What are some possible <i>reinforcement consequences</i> for this child?</p> <p>Can these be modified <u>at this time</u>?</p>
<p>What are some ways you might avoid antecedents to reduce likelihood of the behavior?</p>
<p>What are some <i>sensory challenges</i> for this child?</p>
<p>What <i>stimuli</i> tend to be a trigger for this child?</p>

What *calming stimuli* might you introduce to this child?

When will they engage with this stimuli?

What *supports* can you rely on to help you get through an exacerbation?

Are there possible supports you have not utilized yet?

How do you know when you are stressed?

How can/do you adapt yourself to meet the needs of your child when they are experiencing stress?

What *triggers and/or escalators* do you want/need to avoid?

What *basic principles of de-escalation* do you want/need to utilize?