

SUPPORT GROUPS BY STATE



ALABAMA

- Alabamapandas@gmail.com
- Alabama PANDAS/PANS Support (Facebook group)

ARIZONA

- azpandas1@gmail.com

CALIFORNIA

- Stanfordmenelson@stanford.edu
- PANS/AE Kids-Parent Peer Support Group (First Thursdays, 5:30-7 pm, Stanford Psych Bldg. 401 Quarry Rd.)
- Southern CA pandassocal@yahoo.com
- San Diego, CA SanDiegoPANDAS@gmail.com
- San Diego PANDAS (Facebook group)

COLORADO

- meaghan240@q.com

GEORGIA

- Georgia PANDAS/PANS (Facebook Group)
- Savannah, GA ankekaf@aol.com

ILLINOIS

- Chicagoland area tnarbyort@comcast.net
- PANDAS/PITAND/PANS Advocacy and Support of Illinois (Facebook group)

INDIANA

- Indianapolis, IN midwestpandas@aol.com

IOWA

- Facebook Group

SUPPORT GROUPS BY STATE



KANSAS

- kcareapandas@gmail.com

KENTUCKY

- Lexington, KY pandaslex@gmail.com

MARYLAND

- marylandpandas@gmail.com

MASSACHUSETTS

- megangreenstein@aol.com
- Whitman, MA pandasgroup@yahoo.com

MICHIGAN

- mmcrombez@gmail.com
- rhelinski@aol.com
- Great Lakes Pediatric Autoimmune Encephalitis Association (Facebook page)
- Southwest Michigan madisoka@yahoo.com

MINNESOTA

- mnpandas1@gmail.com

MISSOURI

- pt4kiddos@yahoo.com
- STL/Midwest (Facebook group)
- Kansas City, Missouri kristenmarsh1@hotmail.com

NEBRASKA

- pandasnebraska@cox.net

SUPPORT GROUPS BY STATE



NEVADA

- osborns4@cox.net
- PANDAS Reno Caregivers Group (Facebook group)

NEW JERSEY

- Edison, NJ (JFK Medical Center) pandashelp@hotmail.com
- Northern New Jersey Support Group njpandas1@gmail.com
- Monmouth County, NJ pandasmonmouth@gmail.com

NEW MEXICO

- newmexicopans@gmail.com

NEW YORK

- Brooklyn, NY egyud@email.com
- Westchester County, NY omklew@verizon.net

NORTH CAROLINA

- Asheville, NC WNCPPANDAS@gmail.com
- Charlotte, NC pandasofthecarolinas@gmail.com
- Carolina PANDAS Parents Support Group (Facebook group)

OHIO

- NE Ohio michele_223@hotmail.com
- Columbus, OH uamamabear@gmail.com
- Cincinnati, OH dadslittlebuddy@yahoo.com

OKLAHOMA

- Oklahoma City, OK OKC.Dallas.PANDAS@gmail.com

OREGON

- edsjas@mac.com

SUPPORT GROUPS BY STATE



OREGON

- edsjas@mac.com
- Northwest PANDAS PANS Network <https://www.facebook.com/nwppn>

PENNSYLVANIA

- Media, PA rlumio21@gmail.com (Doylestown YMCA 2500 Lower State Rd, Doylestown, PA). Meetings are 2nd Sunday every month 3-5pm

RHODE ISLAND

- r.i.pandasparents@gmail.com

SOUTH CAROLINA

- Greenville, SC Contact us for information
- Charlotte, NC pandasofthecarolinas@gmail.com
- Carolina PANDAS Parents Support Group (Facebook group)

TENNESSEE

- Chattanooga, Tennessee pandaschattanooga@yahoo.com
- Johnson City, TN, Bristol, TN, Kingsport, TN TriCitiesPANDAS@gmail.com

TEXAS

- Frisco, TX deborah_conner@yahoo.com
- Jefferson/Hardin County megg455@yahoo.com
- Houston, Texas terri.verdone@yahoo.com
- Dallas, TX OKC.Dallas.PANDAS@gmail.com

UTAH

- UTPANDASmom@gmail.com

SUPPORT GROUPS BY STATE



VIRGINIA

- Fredericksburg, VA (Central Virginia Support Group) sarah_johnst@yahoo.com
- Springfield, VA teechamp@gmail.com
- Tidewater, VA PANDAS-Awareness@cox.net
- Loudoun County, VA locopandas@yahoo.com
- Bristol VA, Abingdon, VA TriCitiesPANDAS@gmail.com
- Henrico, VA cynthia.jaeger@yahoo.com

WASHINGTON

- Northwest PANDAS PANS Network <https://www.facebook.com/nwppn>

WISCONSIN

- <https://www.facebook.com/groups/WIPANDAS>

INTERNATIONAL SUPPORT GROUPS



AUSTRALIA

- Northern NSW 'Northern Rivers' PANDAS/PANS Support Group
jogroves2002@yahoo.com.au

CANADA

- Ontario, Canada pandaspansontario@gmail.com
- PANDAS/PANS Ontario (Facebook group)
- Sarnia/Lambton area pandaspans.sarnialambton@gmail.com
- Langely, BC gjheckley@shaw.ca
- freemanbk@ns.sympatico.ca
- PANDAS Canada website
- <https://www.facebook.com/inflamedbrainalliance/>

EUROPE

- EXPAND, The European Immuno-neuropsychiatric Association

ITALY

- www.pandasitalia.it
- www.pandasbge.it

NETHERLANDS

- <http://www.pandasweb.nl/>

POLAND

- info@pandas.pl
- www.pandas.pl
- pandasPL (Facebook page)

UK

- Oxfordshire/Berkshire/Wiltshire suzanne.ayres@yahoo.co.uk
- Norfolk/Suffolk lisharrison@hotmail.com